

Saint Mary Magdalen

Prayers for Mass & Adoration

Please enjoy our digital online booklet of common prayers for Mass and Adoration.

Nicene Creed: A Profession of Faith



We believe in God, the Father, the Almighty,
maker of heaven and earth, and all that is seen and unseen.
We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made, consubstantial
with the Father; through him all things were made.
For us men and for our salvation he came down from heaven:
and by the Holy Spirit was incarnate he was born of the Virgin
Mary, and became man. For our sake he was crucified
under Pontius Pilate; he suffered, died, and was buried.
On the third day he rose again in fulfilment of the Scriptures;
he ascended into heaven and is seated at the right hand
of the Father. He will come again in glory to judge
the living and the dead, and His kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshipped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.

Apostles' Creed

I believe in God, the Father Almighty,
Creator of Heaven and earth;
and in Jesus Christ, His only Son, Our Lord,
Who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended into hell;
the third day He rose again from the dead;
He ascended into heaven,
and is seated at the right hand of God,
the Father almighty; from there He will come
to judge the living and the dead.
I believe in the Holy Spirit,
the holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body
and life everlasting.
Amen.

Our Father

Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come,
thy will be done,
on earth, as it is in heaven.
Give us this day ourdaily bread
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.



Hail Mary

Hail Mary,
Full of Grace,
The Lord is with thee.
Blessed art thou among women,
and blessed is the fruit
of thy womb, Jesus.
Holy Mary,
Mother of God,
pray for us sinners now,
and at the hour of our death.

Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

The Divine Praises



Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ,
true God and true man.
Blessed be His most Sacred Heart.
Blessed be His most Precious Blood.
Blessed be Jesus in the most
Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God,
Mary, most holy. Blessed be her holy
and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph,
her most chaste Spouse.
Blessed be God
in His angels and in His saints.

Anima Christi



Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds conceal me.
Do not permit me to be parted from you.
From the evil foe protect me.
At the hour of my death call me.
And bid me come to you,
to praise you with all your saints
for ever and ever.
Amen.

Prayer before the Reception of the Eucharist



O Lord Jesus Christ, Son of the Living God,
who according to the will of the
Father and with the cooperation
of the Holy Spirit hast by Thy death
given life unto the world,
I adore and revere this Thy holy Body
and this Thy holy Blood which was given over
and poured forth for the many
unto the remission of sins, O merciful Lord,
I beg of Thy mercy that through the power
of this Sacrament Thou wilt make
me one of the many.
Through faith and love make me feel
the power of these Sacraments
so I may experience their saving power.
Absolve and free all sin and punishment of sin
Thy servants, Thy handmaidens, myself,
and all who have confessed their sins to me,
those whom I have promised or am obliged
to pray for, and so too those who
themselves hope or beg to be helped
by my prayers with Thee.
Make our Church rejoice in
Thy constant protection and consolation.
Amen.



Act of Hope

O My God,
relying on Your almighty power
and infinite mercy and promises,
I hope to obtain pardon of my sins,
the help of Your grace, and
life everlasting through the merits
of Jesus Christ, my Lord and Redeemer.
Amen.

Act of Faith

O My God, I firmly believe
that You are one God in three divine Persons,
Father, Son and Holy Spirit.
I believe that Your divine Son
became man, died for our sins, and that
He will come to judge the living and the dead.
I believe these truths and all the truths
which the Holy Catholic Church teaches,
because You have revealed them,
who can neither deceive nor be deceived.
Amen.

Act of Love

O My God, I love you above all things,
with my whole heart and soul,
because You are all good and worthy of all love.
I love my neighbor as myself for the love of You.
I forgive all who have injured me,
and ask pardon of all whom I have injured.
Amen.

Act of Adoration

We adore you,
Most Holy Lord, Jesus Christ,
here and in all your churches of the whole world,
and we bless You because by Your Cross
You have redeemed the world.
Have mercy on us. Amen.



The Real Presence of Jesus

St. Francis of Assisi (1181-1226)

The whole world should tremble
and heaven rejoice, when Christ,
the Son of the living God,
is present on the altar
in the hands of the priest.
What wonderful majesty!

What stupendous condescension!
O sublime humility! O humble sublimity!
That the Lord of the whole universe,
God and the Son of God,
should humble himself like this
and hide under the form
of a little bread for our salvation.
Look at God's condescension,
my brothers, and pour out your hearts
before him, humble yourselves
that you may be exalted by him.

Prayer before the Blessed Sacrament



St. Pope John XXIII (1881-1963)

O Jesus, present in the Sacrament of the Altar,
teach all nations to serve you with a willing heart,
knowing that to serve God is to reign.

May your Sacrament, O Jesus,
be light to the mind, strength to the will,
joy to the heart.

May it be the support for the weak,
the comfort for the suffering,
the wayfaring bread of salvation for the dying,
and, for all, the pledge of future glory.

Prayer in Full Faith



St. Thomas More (1478-1535)

Give me, good Lord, a full and fervent charity,
a love of you, good Lord,
incomparable above the love of myself;
and that I love nothing to your displeasure
but everything in an order to you.
Take from me, good Lord, this lukewarm fashion,
or rather this cold manner of meditation
and this dullness in praying to you.
And give me warmth, delight,
and life in thinking about you.
And give me your grace to long
for your hold Sacraments
and specially to rejoice in the presence
of your blessed body, sweet Savior,
in the Holy Sacrament of the Altar,
and duly to thank you for your gracious coming.
Amen.



A Prayer for Deliverance



St. Mother Teresa of Calcutta (1910-1997)

Deliver me, O Jesus,
From the desire of being loved,
From the desire of being extolled,
From the desire of being honored,
From the desire of being praised,
From the desire of being preferred,
From the desire of being consulted,
From the desire of being approved,
From the desire of being popular,
From the fear of being humiliated,
From the fear of being despised,
From the fear of suffering rebukes,
From the fear of being culminated,
From the fear of being forgotten,
From the fear of being wronged,
From the fear of being ridiculed,
From the fear of being suspected.
Amen.

Act of Spiritual Communion

St. Alphonsus Liguori (1696-1787)

My Jesus, I believe that you are truly present
in the most Blessed Sacrament. I love you above
all things and I desire to possess you within my
soul. Since I am unable now to receive
you sacramentally, come at least spiritually
into my heart. I embrace you as being
already there, and unite myself wholly to you.

Never, never permit me to be
separated from you. Amen.



The Sacred Heart of Jesus

Act of Spiritual Communion

St. Francis of Assisi (1181-1226)

I believe that You, O Jesus,
are in the most holy Sacrament.
I love You and desire You. Come into my heart.
I embrace You. Oh, never leave me.
May the burning and most sweet power
of your love, O Lord Jesus Christ,
I beseech You, absorb my mind that
I may die through love of Your love,
who were graciously pleased
to die through love of my love.

Hymn by Edward Caswall (1814-1878)

All you who seek a comfort sure
in trouble and distress,
Whatever sorrow vex the mind,
Or guilt the soul oppress, Jesus,
who gave himself for you on the cross to die,
Opens to you his Sacred Heart;
Oh, to that heart draw nigh.
You hear how kindly he invites;
You hear his words so blest:
"All you that labor come to me,
And I will give you rest."
Christ Jesus, joy of saints on high,
The hope of sinners here,
Attracted by those loving words
To you we lift our prayer.

Prayer to St. Michael the Archangel

Saint Michael the Archangel,
defend us in battle.

Be our protection against the
wickedness and snares of the devil;
May God rebuke him, we humbly pray;
And do thou, O Prince of the Heavenly Host,
by the power of God,
thrust into hell Satan and all evil spirits
who wander through the world
for the ruin of souls.
Amen.

Prayer to St. Mary Magdalen

Msgr. Ralph J. Chieffo

Saint Mary Magdalen,
Through your friendship with our Lord,
Jesus Christ, you were delivered from
the seven demons of pride, anger, lust,
greed, envy, gluttony and sloth.
Through the grace and guidance
of the Holy Spirit,
renew within us the sevenfold gifts of
wisdom, knowledge, understanding,
counsel, courage, piety, and fear of the Lord, so
that like you, we too
can announce the good news of our
Risen Lord by a life of virtue.
Amen.

Visit to the Blessed Sacrament Before Meditation

John Henry Cardinal Newman (1801-1890)

I place myself in the presence of Him,
in whose Incarnate Presence I am before
I place myself there. I adore You, O my Savior,
present here as God and as man,
in soul and in body, in true flesh and blood.
I acknowledge and confess that I kneel
before that Sacred Humanity,
which was conceived in Mary's womb,
and lay in Mary's bosom; which grew up
to twelve, wrought miracles,
and spoke words of wisdom and peace;
which in due season hung on the cross,
lay in the tomb, rose from the dead,
and now reigns in heaven.
I praise, and bless, and give myself
wholly to Him, who is the true Bread of my soul,
and my everlasting joy.
Amen.



Prayer for the Holy Souls in Purgatory

St. Gertrude the Great

Eternal Father,
I offer You the most precious blood
of thy Divine Son, Jesus,
in union with the Masses said
throughout the world today,
for all the Holy Souls in Purgatory,
for sinners everywhere,
for sinners in the universal Church,
for those in my own home,
and in my family.
Amen.

Prayer for a Healing

Through the Intercession of St. Padre Pio.

Beloved St. Padre Pio,
who shared in Christ's suffering
in a special way through the stigmata,
you especially loved the sick and infirm.
Through your intercession
before the throne of God,
may we be healed in body and soul,
particularly in regards to
[mention personal request].
Amen.

Prayer to Mary for Protection

Pope Francis on March 11, 2020,
in the midst of the Covid-19 pandemic,
entrusted the world to Mary, with this prayer:

O Mary,
you always shine on our path
as a sign of salvation and of hope.
We entrust ourselves to you,
Health of the Sick,
who at the cross took part in Jesus' pain,
keeping your faith firm.
You, Salvation of the Roman People,
know what we need,
and we are sure you will provide
so that, as in Cana of Galilee,
we may return to joy and to feasting
after this time of trial.
Help us, Mother of Divine Love,
to conform to the will of the Father
and to do as we are told by Jesus,
who has taken upon himself our sufferings
and carried our sorrows
to lead us, through the cross,
to the joy of the resurrection. Amen.
Under your protection, we seek refuge,
Holy Mother of God.
Do not disdain the entreaties
of we who are in trial,
but deliver us from every danger,
O glorious and blessed Virgin.



To you, O blessed Joseph

Pope Francis announced a **Year of St. Joseph** from December 8, 2020 to December 8, 2021.

The entire Archdiocese of Philadelphia is encouraged to spend this year growing closer to St. Joseph by honoring him, imitating his virtues and asking for his intercession.

by Pope Leo XIII from his 1889 encyclical,
Quamquam pluries

To you, O blessed Joseph,
do we come in our afflictions,
and having implored the help
of your most holy Spouse,
we confidently invoke your patronage also.

Through that charity which bound you
to the Immaculate Virgin Mother of God
and through the paternal love with which you
embraced the Child Jesus, we humbly beg you
graciously to regard the inheritance
which Jesus Christ has purchased
by his Blood, and with your power
and strength to aid us in our necessities.

O most watchful guardian of the Holy Family,
defend the chosen children of Jesus Christ;

O most loving father, ward off from us
every contagion of error and corrupting
influence; O our most mighty protector,
be kind to us and from heaven assist us
in our struggle with the power of darkness.

As once you rescued the Child Jesus
from deadly peril, so now protect God's Holy
Church from the snares of the enemy
and from all adversity; shield, too,
each one of us by your constant protection,
so that, supported by your example
and your aid, we may be able to live piously,
to die in holiness, and to obtain
eternal happiness in heaven. Amen.



Prayer for Work to St. Joseph

O Glorious Saint Joseph, model of all those
who are devoted to labor, obtain for me the
grace to work in a spirit of penance for the
expiation of my many sins; to work
conscientiously, putting the call of duty
above my natural inclinations; to work
with thankfulness and joy, considering
it an honor to employ and develop by means
of labor the gifts received from God;
to work with order, peace, moderation,
and patience, never shrinking from weariness
and trials; to work above all with purity
of intention and detachment from self,
keeping unceasingly before my eyes death
and the account that I must give of time lost,
talents unused, good omitted, and vain
complacency in success, so fatal to the work
of God. All for Jesus, all through Mary,
all after thy example, O Patriarch, Saint Joseph.
Such shall be my watch-word
in life and in death. Amen